



PROCEEDS BENEFIT VOLUNTEER TRANSPORTATION CENTER AND THE AMERICAN CANCER SOCIETY

**MONDAY, JUNE 22, 2020 - MONDAY, AUGUST 31, 2020 | SACKETS HARBOR, NEW YORK**

This year marks the 18th Annual SpokerRide, which will look a little different due to the Coronavirus (COVID-19) pandemic. The ride will switch from an in-person, one-day event to a virtual ride just for this year. The event has grown each year, with money being raised to help in the fight against cancer, which doesn't take a day off, even in a pandemic. More than 1 out of every 3 Americans will eventually have cancer — that's 1 in every 2 men and 1 in every 3 women.

While the format of this year's event has changed, it will still benefit the **Volunteer Transportation Center (VTC)** — which provides non-emergent medical transportation to cancer treatment, physician appointments and food sources — and the **American Cancer Society (ACS)** — the nationwide, community-based, volunteer health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. We hope you'll join us to help raise critical funding for these organizations!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Sex (CIRCLE ONE): Male Female Date of Birth: \_\_\_\_\_

CHOOSE ONE EVENT (CHECK APPROPRIATE BOXES)	FEE (NON-MILITARY/ NON-VETERAN)	FEE (MILITARY/ VETERAN)
<input type="checkbox"/> 10-MILE INDIVIDUAL (NOT TIMED)	<input type="checkbox"/> \$35	<input type="checkbox"/> \$30
<input type="checkbox"/> 30-MILE INDIVIDUAL	<input type="checkbox"/> \$35	<input type="checkbox"/> \$30
<input type="checkbox"/> 50-MILE INDIVIDUAL	<input type="checkbox"/> \$35	<input type="checkbox"/> \$30
COMMEMORATIVE T-SHIRT (CHECK APPROPRIATE BOXES)	COST	
<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	<input type="checkbox"/> \$15	
<b>TOTAL ENCLOSED</b> (CHECKS MADE PAYABLE TO VTC) \$ _____		

(10) Individual Race Categories		
	M	F
Overall	1	1
Under 20	3	3
20-29	3	3
30-39	3	3
40-44	3	3
45-49	3	3
50-59	3	3
60-69	3	3
70-79	3	3
80+	3	3

Return Completed Entry Form To:  
 Jeff Wood, Event Chair  
 c/o Volunteer Transportation Center  
 24685 State Route 37, Watertown N.Y. 13601

## QUESTIONS?

(315) 783-6258 [jeff@freewood.net](mailto:jeff@freewood.net)



YOU MAY ALSO REGISTER ONLINE AT: [WWW.LIGHTBOXREG.COM](http://WWW.LIGHTBOXREG.COM)

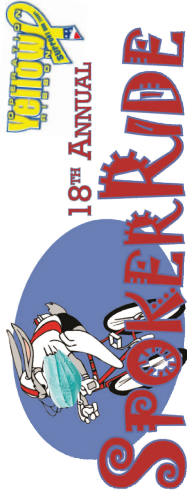
**WAIVER:** I release any and all claims for personal damage, injury or illness against all sponsors, municipalities, volunteers, organizations, Relay For Life, Volunteer Transportation Center, Inc., Town of Hounsfield, Village of Sackets Harbor, NCAC, ACS, Samaritan Health System, and their agents.

Signature

Date

Signature of a parent or guardian  
 under the age of 18 years old

Date



**GOES VIRTUAL!**

**INFORMATION & RULES**

The SpokerRide is an annual charity event benefiting the American Cancer Society's Relay For Life and the Volunteer Transportation Center, Inc. The ride starts and ends in Sackets Harbor, N.Y. The courses are generally flat, with some hills. There are **two** courses: a 30-mile (beginner/intermediate) course, and a 50-mile (advanced) course. A novice course is also available for those riders that want to participate but not race. Race lengths are estimated — depending on road conditions on the day of the race.

This year's event will work differently, due to the COVID-19 pandemic. Participation in the ride — originally scheduled for Saturday, July 25 — will be open now through Monday, Aug. 31. Those who want to participate will be able to do so at their leisure until Aug. 31, when timings recorded through verified apps like Strava or MapMyRide will be due for review.

While the SpokerRide typically features an awards ceremony immediately following the ride but, given the change in format this year, that has been canceled. Instead, awards for the intermediate and advanced courses for fastest in each age/sex category will be presented upon review of submitted timings. Participation medals will also be given to any riders that use the official course as a token of our appreciation for supporting the organizations that benefit from the monies raised.

In light of the change in format this year and because there will be no meal provided for participants, the cost of registration for the 18th Annual SpokerRide will be reduced from \$40 per person to \$35. The event is also a designated Operation Yellow Ribbon event, with those who are active duty members of the military or veterans being able to register for \$30.

In an effort to keep expenses down — as the SpokerRide is a fundraiser for the American Cancer Society and for rides to cancer treatment provided by the Volunteer Transportation Center — T-shirts will not be included in the cost of registration. Traditionally, T-shirts are included for those who would register three weeks in advance of the event. However, this year, participants will be able to purchase a special edition commemorative T-shirt when submitting their registration.

Nonprofit Org.  
U.S. POSTAGE  
**PAID**  
Watertown, NY 13601  
Permit #63



Jeff Wood, Event Chair  
c/o Volunteer Transportation Center  
24685 State Route 37  
Watertown, N.Y. 13601

NEW THIS YEAR: SPOKERIDE ONLINE REGISTRATION AND MAIL-IN REGISTRATION ENDS AT MIDNIGHT ON 8/30/2020.



**GOES VIRTUAL!**

**Monday, June 22, 2020 -  
Monday, August 31, 2020**

**Sackets Harbor, New York**

**EVENT PRESENTED BY**



North Country Against Cancer

**PROCEEDS BENEFIT**



Volunteer  
Transportation  
Center, Inc.



**TIMINGS RECORDED BY**



(315) 342-5987 | [AuyerTiming@gmail.com](mailto:AuyerTiming@gmail.com)  
[www.AuyerTiming.com](http://www.AuyerTiming.com)  
Chenango, N.Y.